

© girls ministries



her heart ... her world ... His purpose

Getting Started Packet



her heart

We want to help every girl move toward a deep relationship with Jesus Christ while building life-changing friendships with leaders and other girls.



her world

We strive to motivate girls to be difference makers within their own sphere of influence and across the whole world through an emphasis on missions near and far.



His purpose

We seek to empower girls to realize their importance and potential in the kingdom of God, diligently following His plan and purpose for their lives through Bible reading, study, and activities.

What is Girls Ministries?

Girls Ministries is about intentional outreach and Christian discipleship for girls. We provide resources to help churches and individuals teach girls biblical truths that will help them learn to make God-pleasing decisions.

Why just for girls?

Gender specific ministry is crucial for developing girls into women of God. Girls are faced with so much confusion and temptation in their daily lives, but in a setting catered to girls they can connect with each other and an older mentor who can invest in them through Bible study and activities and help them grow in their faith and discover the answers to the questions they face.

relevant & fun

Looking for programs that seamlessly weave fun and biblical training together? Girls Ministries is for your group.

- Adventures, activities, and games show girls how discovering God's Word is fun!
- Lessons teach girls valuable life skills, everything from sportsmanship and integrity, to cooking and outreach.
- Girls learn how to choose actions, attitudes, and behaviors that please God.
- Girls encounter difficult situations in their growing up years. By intentionally fostering relationships between girls and the leaders, Girls Ministries creates a safe environment for girls to discuss issues they face and get godly counsel.
- Girls Ministries is flexible. Meet whenever is best for your group.
- Most importantly, Girls Ministries shares with each girl that God loves her and wants to have a relationship with her.

Why we do what we do
40% of 9- and 10-year-old girls have attempted to lose weight, 1/3 of these develop an eating disorder.

fast facts

- Age level groups offer a variety of units, so leaders can choose which ones best fit the interests and needs of their girls.
- Units can be completed in four weeks, which means visitors can easily follow along with the other girls on each topic.
- Girls have the potential to learn 242 Scripture verses.
- In the third- to fifth-grade level, girls begin a regular Bible reading routine and read the entire New Testament.
- In the Teen Girl Ministries (middle and high school) level, girls read the entire Bible and complete 6-week topical studies.

frequently asked questions

Q. Do we need to start with every club?

A. No. Start with clubs that match your kids' ages.

Sunlight Kids: Nursery boys and girls

Rainbows: Preschool boys and girls

Daisies: Kindergarten girls

Prims: 1st- and 2nd-grade girls

Stars: 3rd- through 5th-grade girls

Friends: 6th- through 8th-grade girls

Girls Only: High school girls

Tip: If your total number of girls is fairly small, bring them together for activities, crafts, and games. We can help you plan similar units for various clubs.

Why we do what we do

Suicide is the third leading cause of death among adolescents 10-19 years old.

Q. How can we integrate Teen Girl Ministries clubs with youth?

A. Remember that your girls belong to God & our aim should be to partner with parents, youth ministry, & other ministry that affects your girls to create well-rounded girls who are discipled, growing, & committed to Christ. Keep these things in mind as you work with others in your church to reach your girls.

Communicate: Keep your youth pastor in the loop about girls clubs activities.

Coordinate: Keep youth event dates in mind when planning your calendar.

Cooperate: Remember you're on the same team & working toward the same goal. Volunteer to help with youth events or consider using the girls group as a small group for your youth ministry.

As you work together, partner, share resources, & encourage one another, the girls in your community will benefit from your teamwork.

Why we do what we do

50% of high school students drink alcohol at least once in a month, 32% engage in episodic heavy drinking.

Q. Can we do the program effectively if we only have a few girls in each age group?

A. Yes. If you need to, just combine the clubs to fit the needs of your church and girls. Here are a couple of ideas to get you started:

2 Groups: Mpact Clubs combined & TGM Clubs combined

3 Groups: Rainbows & Daisies, Prims & Stars, Friends & Girls Only

4 Groups: Rainbows, Daisies & Prims, Stars & Friends, Girls Only

Tip: We also provide the **Together Plan** for churches with a limited staff. We have combined Girls Ministries and Royal Rangers based on age-level clubs/outposts, breaking out for gender-specific mentoring opportunities. This plan is designed for small churches that need a combined ministry for staffing reasons but with the eventual goal of progressing toward independently operating ministries for boys and girls. The Together Plan is available for download on our website.

Why we do what we do

Each year approximately 446,019 babies are born to girls ages 10-19.

Q. Can we use the girls clubs without the achievement program?

A. Yes. Girls Clubs is an achievement-based program that utilizes badges and awards as a tool to disciple girls. A closer look at today's culture confirms the need to offer a non-achievement option for utilizing the curriculum. If the traditional methodology of the curriculum is not feasible in your church, the material can be used solely as a discipleship tool.



Sunlight Kids: Birth-36 months

Sunlight Kids takes your nursery from simply baby-sitting to intentionally teaching Bible truths to young children.

When you choose Sunlight Kids, you can feel confident that you are more equipped than ever before to effectively share God's love with little ones.

Developed by early childhood experts, Sunlight Kids uses a proven approach children understand. You get year-round instruction in a format that's so easy to use, your volunteers will have as much fun as your little ones!

With Sunlight Kids you get:

- * Twelve months of reusable leadership curriculum
- * Teaching methods that tap into kids' ability to learn by repetition
- * One foundational Bible story for each month
- * A program that is flexible enough to fit any church's needs, whether you use it once or multiple times per week.



Daisies: The Sunshine Club Kindergarten

Girls lay a foundation for godly character with lessons on everything from believing to giving, and obeying to trusting. Darcy, Diana, and Dorie (paper dolls) help Daisies make life applications from the Bible stories and principles they learn. Dorie is hearing impaired, so girls get to learn memory verses in sign language. Four-week units allow visitors to fit in right away. Daisies earn colorful badges depicting club characters if you choose to follow the achievement program.



Prims: The Discovery Club 1st-2nd Grade

Megan, Carmen, Kim, and Tonya guide Prims through life-application stories as the girls learn biblical principles. The Discovery Box stores lesson-related objects to be displayed during lesson time to make learning even more fun. Units can be completed in 4 weeks. Prims earn colorful badges depicting club characters as they complete requirements for the optional achievement program.



Rainbows: The Noah's Zoo Club, Preschool 3 & up

Rainbows launches little hearts into the exciting journey of discovering God and His great love. Noah's Ark provides an exciting theme for the Bible stories, crafts, full-color activity pages, and games for this preschool club. Unit topics can be completed in 4 weeks. Rainbows can add colorful animal badges to their vests as they complete requirements if your church chooses to follow the achievement program.



Stars: The Fun Club 3rd-5th Grade

Girls complete units in the four worlds: The World of Truth (basic Christian doctrine), The World Around You (missions), The World About You (activities), and The World Within You (character development). Memorization, projects, and Bible reading are all a part of the club's options. Completing the achievement program allows girls to be Honor Stars. Four-week units are supplemented with projects and Adventures.



Teen Girl Ministries

If you have ever known a girl in middle school or high school you know what a crazy time of identity shifting this can be. Many girls confide less in parents and more in peers. They crave someone to share their thoughts with. Cultural values add pressure to a girl to indulge in choices that have long-term consequences. Friends and Girls Only Clubs meet the needs that teen girls face head on.



Friends: The Where You Belong Club 6th-8th Grade

Discussion-oriented lessons help girls make godly decisions about issues they face. Plus, the incorporated Bible reading teaches girls to search God's Word for answers to life questions. Awards (a necklace and unit charms) are available for those choosing to follow the achievement program.

teen girl daybook

Each week of this monthly calendar focuses on a different theme and provides a daily activity and Scripture passage. This is a great way for teen girls to learn to spend some quiet time with the Lord every day! Check it out on The Loft portion on our website. <http://tgm.ag.org/loft/art/>

tgm blogs

Teen Girls: A great way for your girls to connect with other Christian girls and talk about topics that affect their lives. <http://www.teengirls.agblogger.org/>
Leaders: Ideas, resources, and topics that affect ministry to teen girls. www.teengirlministries.agblogger.org/

Girls Only: The G.O. Club 9th-12th Grade

This small group program offers girls a safe place to share their struggles, fears, and hopes with other girls. Girls Only can meet weekly, monthly, or anytime in between. Studies deal with gritty, real-life issues, so that girls are armed with God's truth as they face the world head-on. Girls may follow an achievement program if interested.



supplemental project ideas

Supplemental project ideas for Friends and Girls Only Clubs are available on the national Girls Ministries web site. Go to the downloadable resources button on the left hand side of the website and click *Teen Girl Ministries*.

format options

Consider the following formats below in addition to the traditional midweek night option. These are just a sampling:

Small Groups ~ Allows for advertising of special interest topics. Delve into one topic, related topics, or treat as a traditional club going through each unit's subtopics.

Youth Ministry ~ A guide to open discussion and scriptural insight. Treat the Breakout Groups journal work as optional.

Weekend Retreats ~ Allows leaders to delve into specific topics and to invite guest speakers, add other fun features, and engage in discussion breakout groups.

tgm retreat

This free downloadable is designed to help your girls develop a deeper relationship with God and each other. Flexible: you can pack everything into a day, or stretch the retreat out into a full three-day weekend. Sessions: most are discussion-oriented, so girls can talk freely about where they're at and you can share from your own life experiences.

the loft

The Loft is a special part of the TGM website designed just for teen girls. It has quizzes, mortifying moments, an online magazine, and more!
www.tgm.ag.org/loft



How do we resource you to help your girls thrive spiritually and make a difference in their world?

annual theme

The national Girls Ministries Department (NGM) offers churches two resources to emphasize and celebrate all girls. One being our annual theme. This theme can be used as a focus for the entire year or for an event during NGM Week or other Girls Ministries event. The purpose is to help church leaders mentor girls with God's truth in the midst of our over-sexualized culture, teaching them to take time to develop their relationship with God and recognize the true source of beauty.



nationwide girls ministries sleepover

The Nationwide Girls Ministries Sleepover occurs annually on the fourth Friday and Saturday of September, however, it can be held on another night of the year if that works best for your church. To plan for the event, a Sleepover planning guide is available for free download. It contains resources such as activity suggestions, a devotion, and a product order form to enhance the fun. The Sleepover is designed for any church to use as a girls only event, not just churches with our clubs. It is a great tool for outreach to the community and always includes a salvation message.



ngm week

National Girls Ministries Week (NGMW) begins the second Sunday of September, and coincides with the National Girls Ministries year (September through August).

The local church can use NGMW to promote Girls Ministries in August or September when girls are advancing to new clubs. An annual Theme/Sleepover packet is mailed to district coordinators, sectional representatives, and local churches. This packet contains promotional resources such as a planning guide, a devotion, and a product order form to enhance National Girls Ministries Week—all encouraging girls to attend Girls Ministries programs.

Coordinators will have everything they need to start the new Girls Ministries year—promotional plans and materials, an event-planning guide to kick off the year (Sleepover), and the new catalog to help them order and prepare for start-up in August or September.

Along with promoting Girls Ministries in their congregation, churches are encouraged to take up an offering. This offering assists the national Girls Ministries staff as they provide field ministry, develop new materials and products, provide training and leadership materials, process training certificates, and process orders for materials and offerings for national projects.

coins for kids (annual missions emphasis)

Coins for Kids (CFK) is the missions arm of Girls Ministries. Each year the national Girls Ministries Department, in cooperation with the Assemblies of God World Missions and US Missions, selects a missions project that specifically affects children. A free downloadable video communicates the need to leaders and girls. The CFK fund is part of Boys and Girls Missionary Challenge (BGMC) and girls learn that they can make a difference in their world through their giving. Regular online reports show girls how their giving is adding to the grand total and how the project will use the funds given.

How to get involved: Order Coins for Kids offering box and distribute them to your girls. The boxes are free. (Item # 73-4943). Encourage your girls and sponsors to fill their boxes with quarters, cash, and checks throughout the year. Your church will total the money and send a check to the national Girls Ministries Department where you will receive BGMC and World Ministries giving credit for their giving. Checks should be made payable to Coins for Kids. Coins for Kids projects run from January to December each year.



Additional Online Resources

We have many free online resources designed to help women guide girls through today's culture.
www.ngm.ag.org

Mpact4Girls Website

Looking for a safe place on the Internet for your elementary age girls? Check out our Mpact4Girls website. They can learn about missions, play games, take quizzes, email in questions for advice, and get activity ideas. Check it out at:
www.mpact4girls.com



Downloadable Resources

We offer many resources online for free download. You will find our promotional videos, reproducible pages, project ideas, songs, and much, much more.



Facebook & Twitter

Want to always be up-to-date on what is happening in Girls Ministries? Come find us on Facebook and Twitter. Facebook is a great way to keep in touch and share ideas. We've created a general Girls Ministries page, a Teen Girl Ministries page, an NGM Parents, as well as a page just for Coins for Kids. Check back frequently for news updates, photos, and videos. Need help getting started? Find a teenager.

Click the links below to check out our pages:

- National Girls Ministries
- Coins for Kids
- Teen Girl Ministries
- NGM Parents
- National Girls Ministries Twitter
- Teen Girl Ministries Twitter

Hot Topics

Finding answers to many of today's complicated cultural issues can be frustrating and confusing. Hot Topics are designed to provide leaders with a guide to lead biblically-based discussion on topics that are relevant to girls today. Each topic has a student guide and corresponding leader guide. Download these lesson plans for conversation with your teen girls.

www.tgm.ag.org/hottopics/

Peristeria Teen Girl Online Magazine

We're so excited to be able to offer this teen girl magazine to girls as a fun, encouraging, informative, and safe resource to enjoy. You won't have to worry about inappropriate content, shocking photos, underweight models, or a bombardment of ads and images that promote an over-sexualized agenda. This is a magazine for the real girl. The girl who is tired of feeling attacked by our culture and is hungry for a magazine that cares about what's going on in the heart of a girl. This online and downloadable magazine is published quarterly. So four

times a year we want to overload you with amazing content — fashion, books, music, articles, questions, and more!
www.tgm.ag.org/peristeria



Parent's Breakroom

This room is where people who are married, single, divorced, or widowed can draw from a wealth of resources to help them navigate through one of life's greatest adventures — parenting! www.ngm.ag.org/parents/

Family Faith Devotions: Did you have family devotions as a child? If so, were they fun or extremely boring (Dad reading a chapter in the Bible in a monotone voice)? Well, check out our monthly free downloadable family devotional packet. The packet is aimed at parents of elementary-age children. It provides a short devotional, guided discussion, a challenge, and an activity to reinforce the lesson and make your family devotions fun, memorable, and interactive. No more boring family devos!

Leadership Development

Our Purpose: Personify the Titus 2 principle — women mentoring girls and equipping leaders to:
Minister to girls in a more holistic manner by discipling their hearts and minds
Guide and challenge girls from latency toward emotional and spiritual maturity
Propel girls to impact their world for the cause of Christ

Training Resources

Girls Clubs Leader Training Guide: (Available in English & Spanish)

Everything you need to know to effectively run the clubs – details on all club levels, uniforms, and awards; tips for being an effective leader; customizing the club format to your church's needs; and steps to starting Mpact Kids, Mpact Girls, and Teen Girl clubs. This course is recommended for all club leaders and coordinators.

English: Item #02-0497 \$9.99

Spanish: Item #02-0498 \$9.99

Girls Clubs Leader Training Guide Training DVD:

Guide new leaders through the Leader Training Guide with this interactive video.

English and Spanish. Item #73-4934 \$25.00



Momentum Leadership Development Units

Education: Created to help teachers sharpen their skills and become more effective in the classroom.

Unit topics include: children with special needs or disabilities, the dynamics of mentoring, understanding learning styles.

Community: Offers continued training centered on societal factors that affect the church today. Units include: blending the generations, the world in your clubroom, community outreach.

Personal Growth: This training focuses on personal and interpersonal relationships as well as the worldviews that influence us and those around us. Unit titles: managing conflict, living what you've learned, building a Biblical worldview.

Education: Item # 02-4103 \$9.99

Community: Item #02-4104 \$9.99

Personal Growth: Item #02-4105 \$9.99



Web-based Resources

Girls Ministries Leaders Forum: A ministry network where district Girls Ministries directors, Mpact, TGM, and general Girls Ministries leaders can share ideas, resources, encouragement, or simply find a place to connect with other leaders across the country. It will also provide a point of contact with the national Girls Ministries staff and will serve as a channel of communication to disseminate NGM information and updates in a timely fashion. Join the group at <http://forums.ag.org/ngm>

Electronic Newsletters

Leader's Connection: Bi-monthly publication for those involved in Girls Ministries clubs.

Clarity: Bi-monthly e-newsletter designed to encourage and equip women as leaders of girls.

To subscribe visit <http://ngm.ag.org/mpact/lists/>

How do I get started?

Contact your district Girls Ministries director.

Contact your director for more information on starting clubs in your area. Contact information can be found on our web site under the "Girls Ministries Home" drop down menu & click on "District Coordinators" www.ngm.ag.org/about/districts/. Also, feel free to browse our web site for resources and ideas.

Recruit & train leaders.

We'll help you train them. Clubs can function on as many or as few leaders as you have, so don't get discouraged if you don't have as many leaders as you want. You can set up stations in your room and have the girls rotate or let girls from one club do an activity in one half of the room while girls from another club work on a Bible lesson in the other half of the room.

Prepare.

Each Sponsor Guide provides you with a foundation for your Girls Ministries program. The Sponsor Guide has everything a leader needs to disciple girls through the entire year of curriculum. Everything from lesson plans for every unit, pictures of activity pages, reproducible resources, and club information.

Every unit has its own set of Activity Pages, and they are available individually. That means you can pick and choose which units best fit your girls. Activity Pages are full-color and drive home the point of the lesson. For the older clubs, Friends and Girls Only, lessons are taught through Journal Pages, which are also available individually. They help girls get to the heart of how the lesson applies to their lives. We also recommend Intro Pages for each girl in Friends and Girls Only. These pages provide a prayer journal, Bible reading journal, updated calendar, and address book.

Pick a day, set a time, & get rolling!

Corresponding with adult midweek services can work well or perhaps an after-school program would work best. A good thing to consider when planning a Teen Girl club is choosing a day and time that does not compete with youth events.

Annual cost per child for each club:

Prices below are for the Classic Plan, check out our Annual Cost per Child for additional options.

Mpact Kids Clubs

Sunlight Kids: \$17.98

Rainbows: \$38.88

Mpact Girls Clubs

Daisies: \$34.64

Prims: \$34.64

Stars: \$37.42

TOM Clubs

Friends: \$36.77

Girls Only: \$29.69

To see how these costs breakdown, click link below or enter link in your web browser:

<http://mgc.ag.org/questions/gettingstarted/>

Click on *Annual Cost per Child* under downloadable resources